



WELCOME TO WORSHIP

We are always happy to have visitors with us in Cregagh; and we welcome any who may be worshipping with us today. We would invite our visitors to sign the Visitor's Book in the Church Vestibule, giving name and full postal address.

This morning any parents with babies are invited to make use of the Pebbles Creche or KidZone (in the Stewart Hall) for 3 year olds upwards who leave church after the children's address and hymn.

THIS MORNING'S BAPTISM

Today we celebrate with Rosie, the baptism of her son and daughter Bob and Jessica.

RETIRING OFFERING FOR MALAWI

One week on and Storm Idia that hit Malawi recently changed direction and has now devastated areas of neighbouring Mosambique and Zimbabwe. The news is so bad it was broadcast by the BBC. We cannot help everybody but your generosity through this morning's Retiring Offering will go immediately and directly to Mulanje where it will help supply food and clothes, repair homes, and sadly, provide a few basic coffins to enable poor families to bury their dead with dignity.

COFFEE BAR

The Coffee Bar is open in the Allen Hall after the morning service and everyone is invited to join us for a cuppa and a chat.

PRE-SERVICE COFFEE BAR

You are reminded that tea and toast are served in the McIntyre Suite each Sunday morning before Morning Worship. More help/volunteers are required to help with the pre-service coffee bar, for even 2 or 3 Sundays per year. If you can help please contact Karen Collins who can show you how to work the coffee maker etc.

(Mobile: 07545757894)

CHURCH FLOWERS

The Pedestal flowers are provided by Mr R Irvine, Glenholme Avenue.

The Sanctuary flowers provided by Mrs A Whaley, Holywood Road are 'In Memory'

WALK AND TALK

Walk and Talk will meet on Tuesday at 10.00 a.m. at the church for a walk in Musgrave Park and back to the church for a cuppa. All welcome to either or both.

TEA AND TALK TOGETHER

People of all ages are welcome to the 'Tea and Talk Together' on Wednesday from 2.00 – 3.30 p.m. in the McIntyre Suite. Refreshments, music, chat, games etc.

OFFICE HOURS

Rev McKenzie will be in the Minister's Room on Thursday from 7.30 – 8.30 p.m.

OPEN CHURCH

The church will be open for private prayer and meditation on Friday, as usual, from 10.30 a.m. – 1.30 p.m.

LENTEN LUNCHESES

The Lenten Lunches continue on Friday from 12.00 noon – 1.30 p.m. in the Allen Hall.

Why not 'come and dine with us?' Only £5 for choice of soup, wheaten bread, french rolls, traybakes, tea and coffee. Proceeds for Building Fund.

Elders are asked to confirm with the Clerk of Session, Michael Graham, their contributions of food, donations and kitchen help for the lunches.



MOTHERING SUNDAY

The Mothering Sunday service next week at 11.00 a.m. will be conducted by the Rev McKenzie. As usual the Junior Choir will take part in the service.

We look forward to having mothers and their families with us for this special service.

HEALTHY LIFESTYLE TALKS

A series of talks has been set up for those undergoing the 10 week Chubby Challenge, but some of these talks we have opened up to anyone else in the church as they have proved to be both interesting and informative, not just for weight loss. The final of these is on Tuesday week, 2nd April when the speaker will be Sonia McCoy from the award winning practice 'Belfast Pilates and Physio' who will speak on the benefits of Pilates and maintaining good back posture and health. It will be a one hour talk from 8.00 – 9.00 p.m. and you are welcome to come for tea/coffee from 7.30 p.m. Men and women are welcome and we would ask for a £3 donation towards our costs.

Further details from Karen McCurry.

MORNING BIBLE STUDY

The Lenten Bible Study continues on Wednesday week, 3rd April from 10.15 a.m. – 12.00 noon at 5 Ardenlee Avenue; and then on 10th and 17th April. All welcome.

SPRING MUSICAL VARIETY CONCERT

Tickets are selling fast for the Spring Musical Variety Concert being held on Friday week, 5th April at 7.30 p.m. in the church. This promises to be a very entertaining evening; and artistes include: the Millar Memorial Flute Band, Campbell College Pipe Band, Lynne McAllister (Musical Theatre soloist) and Cregagh Handbell Choir. Proceeds for Building Fund.



Tickets (£10) are available today from Anne Graham or Dennison Mahood.

HOLY WEEK AND EASTER SERVICES

Sunday 14th at 11.00 a.m.

Palm Sunday Communion

Sunday 14th at 7.00 p.m.

Palm Sunday Youth Fellowship Service

Tuesday 16th at 7.30 p.m.

Holy Week Service in the Salvation Army Temple

Wednesday 17th at 7.30 p.m.

Music for Holy Week in McQuiston Memorial

Thursday 18th at 7.30 p.m.

Maundy Thursday Communion

Friday 19th at 12.00 noon

Good Friday Meditation

Friday 19th at 7.30 p.m.

Good Friday Service

Sunday 21st at 11.00 a.m.

Easter Day Service

FIRE WARDEN TRAINING

As part of our legal Health and Safety Requirements we need to have people trained in Fire Safety to deal with an emergency on our church premises should it arise. A certificated course has been arranged for Monday 15th April and will last from 6.30 – 10.00 p.m. The church will cover the cost of this award for those required to attend so if you are available please give your name as soon as possible to Karen or Jim McCurry. Any keyholders responsible for opening and closing the building for organisations should attend, as well as any organisation leader that is responsible for their group when they are the only ones in the building. If you have any queries as to whether you need to attend or not just ask.

DEFIBRILLATOR TRAINING

An initial training session for those that want to learn how to use our new defibrillator will be held on Monday 29th April from 7.00 – 9.30 p.m. This will give you a chance to see how easy it is to use and have the confidence to deal with a lifesaving situation should one arise, and learn some basic CPR skills. Even if you just want to come along and watch that's fine. The session will be free but if you'd like to donate anything to our charity 'The Royal Lifesaving Society', you will be very welcome to do so. For those that want to do a certificated course in this we will run this on a separate date. The formal course would last 4 hours and cost £25 and would give you a recognised qualification. Please advise Karen or Jim McCurry if you wish to attend either training courses.

CINEMA OUTING

The Tudor Cinema in Comber has been booked for Wednesday 22nd May when the film 'Driving Miss Daisy' will be shown. This is being organised to raise funds for the Building Fund. Information from Heather Sharpe (07954317603) and Carol McCormick (07936529562) Tickets will be available at the beginning of May.

CHRISTIAN AID

Christian Aid booklets with daily reflections for Lent are available in the Church Vestibule and McIntyre Suite for anyone who would like one.

YF SERVICE VIDEO

Volunteers are requested to take part in a short question and answer video which is being prepared for the Youth Fellowship Palm Sunday Service. Recordings will be made after Morning Service today and next Sunday. Contact: Rev McKenzie.

BIBLE STUDY NOTES

Anyone requiring printed notes on the recent two Sunday evening bible studies on Mark and Romans may arrange to get them from Rev McKenzie; and should sign the sheet in the McIntyre Suite.

SUPERVISION OF CHILDREN

We are delighted to welcome children to our Church Family and see their liveliness both in our services and during the coffee bar. However, our Church premises and not without their dangers for young people at play. Children can be oblivious to their surroundings and this can lead them into situations where accidents can happen. In an effort to minimise the risk of accident/injury children should be supervised at all times whilst on Church premises. Thank you.



WEEKLY NEWS SHEET **The Third Sunday in Lent** **24th March 2019**



'Repent and be baptised, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. The promise is for you and your children and for all who are far off – for all whom the Lord our God will call'

Acts 2: 38-39

MORNING SERVICE at 11.00 a.m. in the Church
Sacrament of Baptism

Rev Edward McKenzie and the Praise Group
Scripture Readings: Acts 2: 29-41 and Genesis 17: 1-13

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